

SOUTH OKANAGAN HEALTH FAIR & hearts@work

CONSENT TO PARTICIPATE

[hearts@work](#) is an education and screening program designed to identify individuals at risk for developing cardiovascular disease.

As a participant in the South Okanagan Health Fair [hearts@work](#) project, I understand that:

- This is an opportunity for me to learn about my risks for heart disease and to develop plans to improve my risk.
- The educational and screening components of the project are in no way meant to replace a physician's advice and/or treatment.
- The screening test results I receive are not a health diagnosis, but rather a one-time snapshot to help me learn about my risk factors for developing heart disease.
- I may be referred to a physician for follow up and/or treatment and that it is my sole responsibility to pursue this follow up and/or treatment.
- My personal identity will remain anonymous.
- My nonidentifying information about risk status may be used for statistical purposes.

I also understand that the cholesterol & glucose-screening test, which is a component of the [hearts@work](#) program, involves giving a finger-prick sample of my blood. The potential risks, though extremely rare, include:

- Discomfort when the needle pricks my finger
- Bruising at the site of the pin prick
- A rare risk of infection
- Dizziness or fainting

My participation in the South Okanagan Health Fair [hearts@work](#) project is entirely voluntary and I can refuse to participate or withdraw consent at any time without any consequences.

I have read and understand the [hearts@work](#) Consent to Participate and have had my questions answered. I consent to participate in the [hearts@work](#) program and have a screening test done.

Name: _____

Signature: _____

Date: _____

Witness: _____